

Plastic Surgery Center of North Carolina

Scopolamine Patch Instruction Sheet

Scopolamine is a round adhesive patch that is placed behind one of your ears prior to surgery. The purpose of the patch is to help prevent post-anesthesia nausea and vomiting. Scopolamine helps reduce the activity of nerve fibers in the inner ear by passing medication through the skin and into the bloodstream which can help to prevent nausea and vomiting associated with medications and/or movement.

Usage:

- We ask that you place the patch behind your ear the night before your planned surgery day. The tan color of the patch should be exposed after application. If you are having facial or ear surgery, place patch on back side of your neck.
- Wash hands well after applying the patch to remove any medication residue.
- The patch can be kept in place for 24-72 hours following surgery. After this time, the patch can be removed and discarded. Fold the used patch in half with the sticky side together and dispose in trash, avoiding contact with children or pets. Again, wash your hands thoroughly and the area where the patch was located.
- Dilation of pupils may occur if the medication is on your hands and you touch your eyes, so be careful not to touch your face before washing your hands thoroughly.

***Most common side effect of scopolamine is dry mouth. You could also experience drowsiness.**

***If you experience blurred vision, skin rash, increase heart rate, dry/itchy/redness to the whites of the eyes or if eye pain occurs, remove the patch and notify our office if symptoms do not resolve.**

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